### OCTOBER IS MI'KMAW HISTORY MONTH

- The <u>Mi'kmawey Debert Cultural Centre's</u> <u>website</u> has the pronouciation of many different Mi'kmaw words.
- Did you know the Centre's website also has downloadable coloring pages and word searches? <u>Click here</u>

### **IMPORTANT UPCOMING DATES - OCTOBER**



## How to have a great Halloween Howl. their children! things such as covering cost of trips, getting murals painted, getting class materials!

## Our PTO was hard at work last year

Because of your support our PTO raised over \$5000! The money was used for things such as

- · a new speaker system for our assemblies
- cost of trips
- classroom supplies•

Please consider supporting the PTO again this year!





### Let's Stay Healthy!



## Hand washing won't control airborne illnesses

Airborne diseases can infect larger numbers of people because transmission can occur over long distances and spans of time. If you go into a room that someone coughed in minutes before, you risk the danger of infection.

The Government of Canada, World Health Organization, and Centres for Disease Control and Prevention acknowledge that Covid — like RSV, influenza, strep, pertussis (whooping cough), measles, tuberculosis — is transmitted through tiny aerosols in the air. These illnesses can be controlled by improving indoor ventilation and wearing a well-fitting mask.

Stay home when you're sick Wear a well-fitting respirator or mask

Improve indoor ventilation









ttps://www.canada.ca/en/public-health/services/publications/diseases-conditions/help-reduce-spread-covid-19.html

## What's a notifiable disease or condition?

Covid
Strep A

Pertussis

Influenza

Mumps

Measles

and more!

https://novascotia.ca/dhw/cdpc/documents/06026\_itsthelawposter\_en.pd

### Why report a child's illness to the school?



When you report one of these illnesses to the school, they notify Public Health.

Reporting can help with infection control because Public Health can identify a potential outbreak if multiple households are sick with the same illness.



### Why do schools matter?

Tuberculosis

As large congregate settings, schools are important sites for infection control.



Health Protection Act
section 31

That's why it's required by the Education Act and the Health Protection Act to report illnesses to Public Health.

### You can protect yourself and others











Stay home when sick

Open windows

Use air filtration

Wear a wellfitting mask Report illness

#### **KEEPING OUR SPACES HEALTHY**

- Keeping our spaces healthy is a collective responsibility.
- Public health has shared the infographic above on how to do that.
- Please have a back up plan in case your child becomes sick during the day and needs to be picked up.
- As they do each year, public health wants to remind you to check your child regularly for lice.
- Click here for more information on how to treat lice.

#### **DRESSING FOR SUCCESS**

- ALL students should have extra socks/pants/shirt in their backpacks in case they get wet.
- Please send your child with the PROPER outdoor gear for the day. We go outside in the rain, snow, and sun.
- Layers are a great way to ensure your child is warm or cool enough during the outdoor time