

Caldwell Chronicles

MARCH



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March is off to a strong start, with rich learning happening across our school. Several staff members will be taking part in Equity Team professional development as we continue deepening our commitment to belonging and excellence for all.

To close out African Heritage Month, **we are proud to host our Roots & Radiance Gallery on March 12.** Each class has contributed in their own way, sharing learning connected to Black Excellence. Student work will be displayed in the library and resource room, and **families are warmly invited to visit between 10:45–11:45 or 12:45–1:45.** Please check in at the office when you arrive.

A reminder that March 13 is an Assessment and Evaluation Day (no classes), and March Break runs March 16–20. We hope to see you at the gallery!

DATES TO NOTE

- 8 - International Women's Day
- 12 - Roots & Radiance Gallery
- 13 - Assessment & Eval Day (no students)
- 16-20 - March Break
- 21 - World Down Syndrome Day (wear mis-matched socks in support)
- 21 - International Day for Elimination of Racial Discrimination

RAFFLEBOX MARCH

CONGRATULATIONS TO our Feb. winner - ticket # C-1205. They have won \$150. Our next Rafflebox has begun! When you support this fundraiser you are supporting our school with the costs of guest speakers, trips, and activities. **Click [here](#) to purchase tickets.**



CONTACT INFO

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March is

NUTRITION MONTH

March is celebrated across Canada as Nutrition Month, a perfect opportunity for families to focus on building healthy eating habits together. Nutrition Month allows us to explore sustainable eating patterns, food literacy, and learning about the benefits of balance and variety in everyday meals. By highlighting the connection between nutrition and long-term health, Nutrition Month empowers everyone to build habits that benefit both individuals and the planet.

Use Nutrition Month as a reminder to take advantage of the [Nova Scotia School Lunch Program](#)! With nutritious, balanced meals prepared daily, the program ensures students have the energy and focus they need to succeed in the classroom and beyond. The School Lunch Program is designed to provide accessible, affordable, and appealing meals that feature a variety of foods from all food groups, following Canada's Food Guide. By participating, families can help their children develop lifelong healthy habits while making mornings a little less hectic.

Together, we can make small changes that lead to healthier futures for our families and communities.



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INTERNATIONAL DAY FOR ELIMINATION OF RACIAL DISCRIMINATION

March 21st we recognize International Day for the Elimination of Racial Discrimination to build awareness, empathy, and respect among students of all backgrounds. The United Nations established this day in 1966 to call for a global commitment to ending racial discrimination in all its forms.

By learning about the impacts of discrimination and celebrating diversity, children gain social skills and knowledge to be inclusive both within school and home community. Families are our students first educators and through your continuous conversation valuing equity and the elimination of racism, we will continue our shared goal of a society where racism no longer exist.



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MARCH 21 - WORLD DOWN SYNDROME DAY

World Down Syndrome Day, celebrated each year on March 21, gives us the chance to recognize those with Down syndrome and the awesome contributions they make to our school communities. It's an opportunity for families, students, and staff to strengthen inclusion, acceptance, and belonging. By celebrating differences and promoting understanding, our schools help create welcoming environments where every child feels valued and supported.

On this day, many schools invite students and staff to wear mismatched socks as a colourful symbol of diversity and solidarity. **We encourage our school community to join in on March 23 by wearing mismatched socks in recognition of the day.**

Together, we celebrate the strengths and abilities of individuals with Down syndrome and continue building a culture of empathy and friendship across our school. These small acts of awareness remind us that everyone deserves a voice, a sense of belonging, and a place where they are valued.

